



Assembly Instructions

Front Toss Strike Zone Trainer – 5' Model

**** Please watch assembly video via QR Code below – makes the assembly much easier****



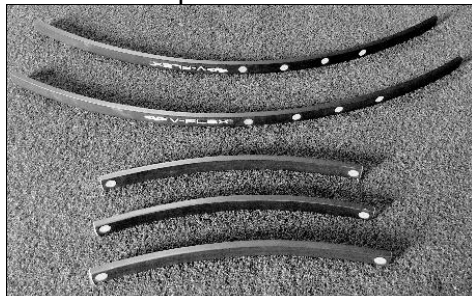
Components:

- 5 sections of frame to form circle, 4 having white heat shrink & 1 solid black
- 10 bolts/nuts for coupler to frame pieces (1" x 1/4")
- Base assembly: 2 legs, 3 arched cross pieces
- 6 nuts & bolts for base assembly (1" x 1/4")
- 2 nuts, bolts and washers for base to frame assembly (1-1/2" x 5/16")
- 1 ring with white bungees attached and 2 black carabiners plus black bungee with carabiner attached to bottom of ring
- 1 black net with white circular bungee for frame
- 2 sandbags (need to be filled with sand)
- (9) zip ties for net to frame & (3) zip ties for ends of net to net
- 1 Visual Aid (V-Card) for strike zone illustrations
- Everything is color coded for ease of assembly
- Support line for assistance (865)566-5425

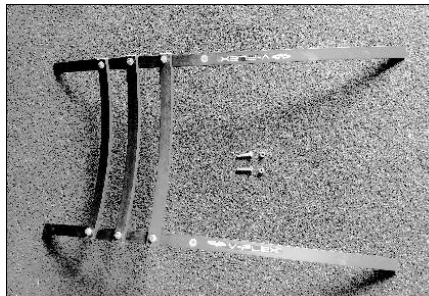
Base Assembly

There are (2) legs and (3) cross pieces to the base. Each piece is color coded for ease of assembly. The arched cross pieces attach to the legs in a downward position. ***Loosely*** bolt the base together using the 1 1/4" bolts and lock nuts. ***Final tightening*** of the base occurs after the base is attached to the circular frame.

Components



Assembled



Frame Assembly & Net Attachment

First, insert the black frame bar with couplers on each end through the net using the cardboard insert as a guide. *Carefully* slide the net over the bar while removing the cardboard sleeve. The net will be deployed around the circular frame once the frame is complete. Bolt the remaining bars together according to the corresponding colors. To complete assembly of the circle frame, apply **downward pressure** to allow the two remaining pieces to be joined together. All parts should be securely bolted together at each coupler with the ¼" bolts and lock nuts.



Tube Net

Once the frame is completely bolted together, take the net and stretch it around the frame keeping the thick seam edge along the outer edge of the frame and the white bungee cord toward the inside of the circle. The net should come together in the middle of the black frame piece that doesn't have white shrink wrap on it. Use 3 zip ties to join the net end pieces together. This black frame piece will be attached to the base next.

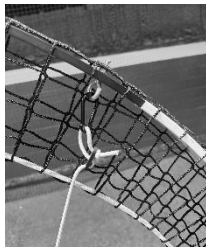


Base to Frame Assembly

With the circular frame lying on the ground, securely attach the base assembly to the frame with the 2 – 5/16" bolts, washers & nuts. Place the unit in its upright position. Now tighten all nuts and bolts of the base while making sure the base is squarely positioned on the ground.



Ring and bungee Attachment



Place the two eye bolts through the top of the frame where two holes are located on each side. You can use either hole, just use the corresponding hole on the opposite side. The round eye will be facing into the circle away from the frame. Securely tighten the nut to the eye bolt. Now, attach the carabiners from the white bungees on the focus ring to the eye bolts. Next, attach the carabiner on the black bungee hanging from the ring to the white bungee on the net of the large center circle.

Setting Ring Height

The height of the ring is preset at the factory to be at its lowest vertical setting. Minor adjustments can be made by moving the tensioners on each individual bungee to raise the ring to accommodate the height of the pitcher.

